

# **BIRTHING KITS**

QCWA is a Member Society of Associated Country Women of the World in the South Pacific Area and supports neighbouring Island nations by providing Birthing Kits. QCWA partners with Rotary International to deliver these Birthing Kits to women in the South Pacific Area, especially to women in Papua New Guinea.

## **The Requirements:**

**In small zip lock bag (15cm x 9cm), place:**

- Disposable scalpel
- Small sealed soap
- 2 x sterile gauze pads (10cm x 10cm)
- 2 x 25 cm lengths strong cord, not string
- 2 x pairs disposable gloves
- Seal securely

**In large zip lock bag (18cm x 17cm), place:**

- Plastic sheet – 1.5m x 1.5m (max. size)
- Cotton sheet – 1m x 1m (max. size)
- Small towelling cloth – (hand towel size)
- Packed and sealed small zip lock bag
- Seal securely

***Some suggestions:*** To support your Branch Birthing Kit project-

- *Ask local Medical Centres or Pharmacies, if they would be willing to donate items towards your Project.*
- *Use plain cotton materials for hemmed sheet, purchase other items as needed.*
- *Schedule a day for your Branch Members and Friends to bring all the collected items needed to assemble the Birthing Kits.*
- *If delivery cost of Kits to State Office is prohibitive, your Branch may like to make a monetary donation to the Dame Alice Berry Fund to purchase items to assemble Kits, or to support Rotary International with their delivery costs.*
- *Pack all Kits into a cardboard box, seal securely and attach a Donation Advice Form – Available on QCWA Website*

## **Please Remember: -**

Place small bag into bag, making sure to both bags are sealed securely.

Keep to the exact requirement list.

Contact the State International Officer for more information – [sio@qcwa.org.au](mailto:sio@qcwa.org.au)

